

We're collecting donations as part of **Project SHARE's Stuff the Bus Campaign!** We invite you to join us and fill a bag or box with nourishing, nonperishable food. Your food donation will make an immediate difference for Niagara Falls families facing food insecurity.

Here are the most needed items:



Peanut butter



Canned meat (tuna, chicken, salmon, etc)



Pasta & Rice



Beans (lentils, chickpeas, black beans, etc)



Canned veggies



Pasta Sauce/Canned Tomatoes

Other items needed:

- Canned fruit
- Canned soup
- Dairy alternatives (oat, soy, almond, etc)
- Individually wrapped peanut-free snacks (granola bars, pouches, juiceboxes, crackers, etc)
- Cooking staples - oil, flour, sugar, spices, etc
- Boost/ensure
- Baby formula
- Baby food & snacks
- Diapers (especially sizes 4-7 & 3T-6T)
- Feminine hygiene products
- Toiletries
- Hats, gloves & socks (adult & children)

Why Project SHARE needs your help:

- 1 in 7 residents of Niagara Falls rely on food banks
- In 2024, Project SHARE distributed over 1.2 million pounds of food
- 35% of food bank clients are children ages 17 and under

We're raising money for Project SHARE too!

Scan to donate:



Thank you for joining us in the fight to end hunger!